



HAMILTON

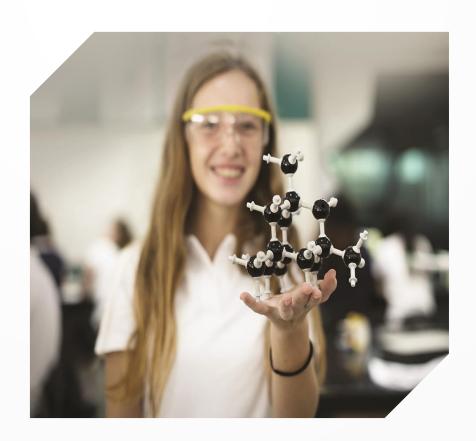
International School



After School Activities

2020 - 2021

Igniting passion, purpose and potential



BE BASKETBALL

at Hamilton International School

Come & join Qatar's leading basketball program every Sunday & Tuesday to learn all the important basics of basketball!

TERM 1 - SEPT 13 - DEC 19

Sunday's

General Public:

4:15pm - 5:15pm / 6-9 yrs

5:15pm - 6:15pm / 10-13 yrs

6:15pm - 7:15pm / 14-16 yrs

Tuesday's

General Public:

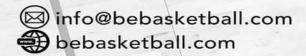
4:15pm - 5:15pm / 6-9 yrs

5:15pm - 6:15pm / 10-13 yrs

6:15pm - 7:15pm / 14-16 yrs



Email us today to book your place for Term 1!













REACH YOUR **MAXIMUM** POTENTIAL حقق أقصى ما تصل إليه قدراتك



- PARENT & TOT فئة الأطفال الصغار برفقة أحد الوالدين

 - LEARN TO SWIM تعلم السياحة

 - ADULT CLASSES فصول الكبار

 - COMPETITIVE SQUADS 🌘 تنافس الفرق

 - LADIES ONLY السياحة للسيدات فقط

REGISTER NOW!



- mww.h2oswimclub.com
- info@h2oswimclub.com
- > +974 5564 1475

KEEP A SAFE DISTANCE





PARTICIPATE

CHALLENGE

ACHIEVE

STAY SAFE



2020-2021 REGISTRATION NOW OPEN

TRAINING TIMES

U6, U8, U10, U12, U14

LOCATION

HAMILTON INTERNATIONAL SCHOOL

TRAINING DAYS

SUNDAY, MONDAY, WEDNESDAY, SATURDAY **PAYMENT OPTIONS**

MONTHLY, TERMLY, ANNUALLY



PLFA_QA



PLFA QATAR



www.plfa.ga



5035 6595





CODINGprograms



Age: from 5 to 11



ABOUT GEEK EXPRESS

Geek Express is a complete online & offline platform that offers workshops for kids and teens in Coding, Engineering and Design.

Our mission is to bridge the gap between traditional curriculums taught in schools and the increasing demand for STEAM skills within the job market.

Geek Express enables your children to be actively engaged in Technology. After completing a course, they are able to design an app, create a video game, model VR, develop AI, or build their own robot.

For more info



66017717



www.geekexpress.com



info.qatar@geekexpress.com

EMPOWERING KIDS TO BECOME MAKERS



X





TOTAL OF 10 SESSIONS / PROGRAM

AGES 5 - 7

SUNDAY	JUNIOR CODING
MONDAY	JUNIOR CODING
	AGES 8 - 11
SUNDAY	Video Game design
MONDAY	Building an APP
TUESDAY	Coding with Minecraft
WEDNESDAY	Building an APP
THURSDAY	3D Modeling 3D Game development





REGISTER NOW! سجل الآن!

+974 3147 7772 info@agon.qa

New Level of Challenge مستوى بديد من التمري



Schedule

Baby tennis	Court 1
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Sunday 3:00 pm to 3:40 pm Wednesday 3:00 pm to 3:40 pm

Mini tennis Court 2

Sunday 3:00 pm to 3:50 pm Wednesday 3:00 pm to 3:50 pm

Junior tennis (Orange ball) Court 1

Sunday 4:00 pm to 4:55 pm Wednesday 4:00 pm to 4:55 pm

Junior tennis (Green ball) Court 2

Sunday 4:00 pm to 4:55 pm Wednesday 4:00 pm to 4:55 pm

Price List (Per Term)

Baby tennis Once a week 500 QR

Twice a week 850 QR

Mini tennis Once a week 600 QR

Twice a week 1100 QR

Junior tennis Once a week 700 QR

Twice a week 1250 QR



















SCIENCE & CHEF PROGRAMS





MOLECULAR SCIENCE

■ MONDAYS TIME 3:00 - 4:00

MOLECULAR MINI CHEF



CONTACT US AT

\$\infty 77016466 \& 77978856

\$\omega\$ www.moleculareducation.com









Our Programs & Classes



I CAN DO

Children aged 2 turning 3

In this program not only are we focusing on the fundamentals like Stability, Locomotion and Manipulation. We are also focused on the Social, Emotional and Cognitive development of your child.

When: Saturday's 8:30am - 9:00am

Where: Taekwondo room Who: Playball Coaches

WATCH ME PLAY

Children aged 3 turning 4

The structured learning exposes
Playballers of this age to imaginative &
creative play, relevant at this life stage.
Coaches start laying the foundations of
sports & ball skills.

When: Monday's: 3pm - 3:40pm Saturday's: 9:10 am - 9:50am

Where: Taekwondo room

Who: Playball Coaches:

PLAYBALL UNIFORM

50 Qatar Riyals per shirt & sports kit



DINKIES

Children aged 4 turning 5

Playballers of this age are able to concentrate for longer periods and also more able to imitate and learn skills. A wide variety of specific sports are introduced.

Where: Taekwondo room When: Sunday's & Wednesday's 3 pm - 3:40 pm Saturday's 10:00 am - 10:40 am

Who: Playball Coaches:

PREPS

Children aged 5 till 7 years old
School readiness and refining sports skills
are priorities. Children are corrected &
guided to use the right technique and are
also required to work in pairs.

When: Sunday's & Wednesday's 3 pm - 3:40 pm Saturday's 10:50 am - 11:30 am

> Where: Taekwondo room Who: Playball Coaches

HAMILTON HUB

This program has a positive effect on the development of children, especially those with disabilities, giving all a chance to socialize and exercise. Using sport as an educational medium, this class aims to give children the necessary physical, cognitive, emotional and social skills to develop every aspect of their life through to adulthood. We focus on the following areas: Stability, Locomotion & Manipulation.

من خلال استخدام الرياضة كوسيلة تعليمية ، يهدف هذا الفصل إلى منح الأطفال المهارات البدنية والمعرفية والعاطفية والاجتماعية اللازمة لتطوير كل جانب من جوانب حياتهم حتى مرحلة البلوغ. نحن نركز على المجالات التالية: الاستقرار والحركة والتلاعب

Where: The Dance Studio
Who: Playball Coaches



When: Sunday, Tuesday,
Wednesday 3 pm - 3:40 pm
Saturday's
9-10 am - 9:50am

9-10 am - 9:50am 10:00am -10:40am 10:50am -11:30am







PLAYBALL UNIFORM

50 Qatar Riyals per shirt & sports kit













Wednesday: 3-4 PM (group age 4-7 years)

4:15-5:15 PM (group age 7 +)

Location: Multipurpose hall – Recreation

Center

Contact Number: 66621648 / 77141700









HIP HOP CLASSES



SUNDAY 20TH SEPT SUNDAY 13TH DEC

15.00-15.45

HIP HOP AGE 5-9

OAR 840

12 **SESSIONS**

15,45-16,45

HIP HOP AGE 10+

OAR 900

12 **SESSIONS**

Ballet classes starting October....

Dream Accomplish Perform















Every Thursday

3 pm - 6 pm

600

Guitar Lessons





Individual Guitar Classes from 5 years old and above

Trial Jesson

Tel: +974 4467 1354 | info@icmqatar.com | www.icmqatar.com





🚅 icmqatar 🏻 🌀 icm_qatar





Fyery Qunday 3 pm - 6 pm

Piano Jessons—oco



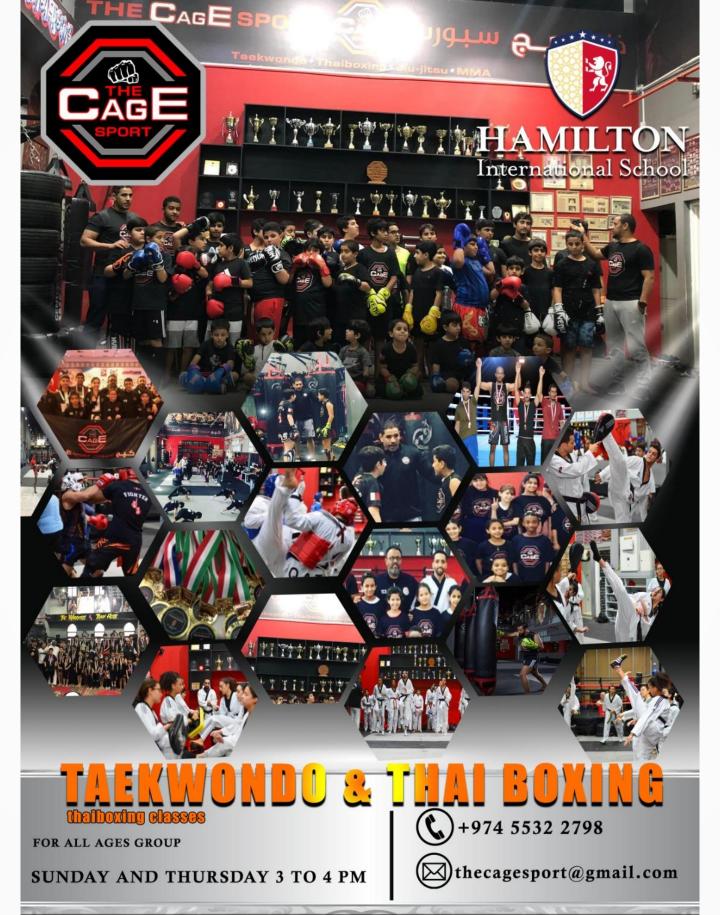
Individual Piano Classes from 5 years old and above



Tel: +974 4467 1354 | info@icmqatar.com | www.icmqatar.com











HEALTH, SAFETY AND WELL-BEING OF THE ENTIRE COMMUNITY IS OUR PRIORITY!

COVID-19 Guidelines and Regulations at The Hamilton International School

All persons entering the premises must adhere to the following strict guidelines and regulations regarding the preventive measures taken to prevent the spread of the COVID – 19 virus.

REGULATING ENTRY AND EXIT:

- Access to the school campus will be through Gate #5 only.
- Participants and parents are required to wear medical face mask for the whole duration inside the school campus.
- By Presenting Ehteraz App at the security gate, the participants and parents will be allowed to proceed for the thermal scanning.
- Thermal scanning of the participants and parents will be carried out in the porta cabin after the parking.
- Participants are obligated to provide all the personal information such as QID number and full name in order to access the facilities.
- Drop off location for the participants will be at the main entrance of the Recreation Center.
- Only participants will be allowed inside the Recreation Hall Center and parents of children bellow the age of 6 years.
- At the end of the activities, the participants will be picked up outside the main entrance of the Recreation Center. Social distancing should be respected while waiting.

PHYSICAL DISTANCING:

- A safe distance of minimum 2 meters should be maintained between people at all the time.
- Hand sanitizers will be available at each Facility. All participants must disinfect their hands while accessing the facilities and every 30 minutes.

COVID-19 Guidelines and Regulations at The Hamilton International School

INFECTION PREVENTION AND CONTROL:

- Medical masks must be worn by all participants inside the Recreation Center.
 The only exclusion will be when participants are having the class / training itself.
 In such cases strict social distancing will be implemented and monitored strictly by the coaches.
- Hand sanitizers will be placed at multiple locations throughout the Recreation Center. All participants must disinfect their hands every 30 minutes.
- Participants are advised to avoid touching surfaces and their nose, eyes, or mouth.
- Participants must avoid physical contact e.g.: hugging, handshakes, etc.
- Cleaning and disinfection of sports equipment will be performed after each activity by the staff in charge.
- Participants should only use their drinking bottles and they cannot share their own bottles with others.

REQUIRED LIST OF ITEMS FOR ALL ACTIVITIES:

- Comfortable shorts, T-shirts, socks and running shoes
- Cap for outdoor activities
- Medical Masks (minimum 2)
- Water bottle
- Hand sanitizer (preferable)

EQUIPMENT

All the required equipment for the activities will be provided at the venue. Equipment will be sprayed and disinfected after each activity. Equipment will include:

- Balls
- Cones etc.

AT END OF ACTIVITY:

• Participants must use an alcohol-based hand sanitizer after completing each activity.

WE HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND THE GUIDLINES AND AGREE TO COMPLY WITH ALL LISTED REGULATIONS.



Thank You

For more info e-mail us at:

asa@this.qa or call **44924307**